# EMDRIA APPROVED EMDR BASIC TRAINING

This course is NYSED and ASWB approved for <u>41 contact hours</u> <u>\*details below</u>

# Led by Gina Colelli, LCSW and Facilitators

## Live In-person Long Island (Farmingdale), NY

2024 Training Dates (all dates required)

<u>Weekend I:</u> Friday, November 1st Saturday, November 2nd Sunday, November 3rd 8:30 AM-5:00 PM <u>Weekend II:</u> Friday, December 6th Saturday, December 7th 8:30 AM-5:00 PM Sunday, December 8th 8:30 AM-2:30 PM

20 Hours of Instruction & 20 Hours of Practicum 10 hours of Consultation Included To be scheduled virtually outside of the training dates

#### Learning Objectives:

- Know the history and development of the EMDR model
- Know the Model, Methodology, and Mechanism
  - 8 Phase EMDR Model
  - Adaptive Information Processing
  - Mechanism of Action
- How to assess and evaluate client readiness for EMDR
- Prepare clients for EMDR reprocessing including resourcing and grounding
- Apply EMDR standard protocol and procedures
- Integrate additional EMDR protocols for specific presenting problems
- Apply EMDR into clinical practice
- How to troubleshoot common issues that arise in processing

### **<u>Register at www.hhptherapy.com/events</u>**

#### For more info call 516-900-6636 or email ce@hhptherapy.com

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\*HELPING HANDS PSYCHOTHERAPY, LCSW, PC IS RECOGNIZED BY THE NEW YORK STATE EDUCATION DEPARTMENT AS AN APPROVED PROVIDER OF CONTINUING EDUCATION BY THE STATE BOARDS OF SOCIAL WORK FOR LICENSED SOCIAL WORKERS #SW-0567, MENTAL HEALTH PRACTITIONERS FOR LICENSED MENTAL HEALTH COUNSELORS #MHC-0202, AND PSYCHOLOGY FOR LICENSED PSYCHOLOGISTS #PSY-0074.

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\$ 1795

Non-profits, graduate students, or groups of 3 or more save \$100

Special Pricing for Groups of 9 or more- call for details

> Refresher Option (No consultation) S1300 Available for anyone who has completed basic training.

Would you like to meet the trainer

before deciding? Contact us to

schedule a meet & greet

